

May 26, 2023

Ellen Frank, PhD
Co-founder and Chief Scientific Officer
HealthRhythms, Inc.

Dear Ellen,

I have received your letter with respect to your company's participation in the Prix Galien Award (USA) process and your request that I comment on how I see the relevance of your work and the accomplishments known to me so far. I am very pleased to do so.

All of us physicians and researchers committed to mental healthcare are facing an unprecedented mental health crisis that has been a pandemic-size challenge for years and has been further exacerbated by the impact of COVID.

The ability to measure a patient's condition is key for every medical discipline. I consider your work being of highest relevance since it is focused on providing mental health practitioners with what really represents the first practical means of objective measurement. And I know from my experience as health care provider and researcher that effective reliable measurement is critical for successful treatment and efficient clinical pathways. This is one reason why I have been a proponent of rolling out the HealthRhythms' platform across all of our mental health practices at UCHHealth and University of Colorado Anschutz Medical Campus.

I find it particularly intriguing that the personalized precision medicine approach you and your team are pursuing is applicable both in clinical trials to help assess new treatment options (which is of great importance) and on the healthcare side, where we in the USA and many other countries experience a tremendous shortage of clinician resources. AI-powered technology solutions have the potential to enable us to direct these scarce resources to the patients most in need and to feel confident that we can reduce the frequency of contact with patients who, on the basis of your measurement, are objectively doing well.

That said, I am convinced that technology alone is not sufficient to develop an effective measurement principle for psychiatry. Science is of essence; a technology platform needs to be built upon a deep understanding of clinical science. Given your and your team members' credentials as empirical researchers and your commitment to test hypotheses, validate methods, and share data in peer-reviewed publications, I see HealthRhythms as unique in its approach to solving the 'measurement' challenge and contribute to better mental health, and in fact better health overall.

I hope my very positive experiences with HealthRhythms and my reference above can be of help in your Prix Galien application process.

Kind regards,



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